Carroll County Coalition for Public Health/Community Health Collaborative/ServiceLink

Aging with Connection and Purpose Workgroup

Date: Wednesday, December 19th, 2018
Time: 9:00-11:00am
Meeting Leader(s): Caleb Gilbert
Location: Sununu Room at TriCounty Community Action Program Community Resource Center, 448B White Mountain Highway/Rt. 16, Tamworth
(adjacent to Eastern Propane)

Notes

Welcome and Introductions
Caleb Gilbert: Carroll County Coalition for Public Health
Dawn Barnett: Service Link
Cheryl Kimball: Huggins Hospital
Rebecca Hewson: Huggins Hospital
Dan Hobbs: New Hampshire Legal Assistance

Carroll County program/initiative updates
- Community Engagement/Activities
  - MWV AARP Age-Friendly Communities (AFC) program with Gibson Center:
Caleb and Dawn reported on activities of the workgroups they are a part of: Community Connections (Dawn) and Health (Caleb). Workgroup recommendations will be reviewed by steering committee and action plans will be finalized in the beginning of 2019.
Group discussed possibility of Wolfeboro and/or other communities in southern Carroll County becoming AARP Age Friendly communities.
- Fall Prevention Programs
Sue Ruka from Memorial Hospital sent the following note regarding their fall prevention program: we are continuing A Matter of Balance, have recruited additional coaches. The classes are being offered on routine basis.
Discussed fall prevention/balance programming offered at Huggins.
Action: Cheryl will reach out to Huggins regarding their fall prevention/balance programming. Caleb and Rebecca will join her in a meeting with appropriate staff and report back at next workgroup meeting.
- Advanced Care Planning Programs
From Sue at Memorial: continuing with Tri County grant work (thru home care organizations). Caregiver Event held on November 28th—well attended. Discussed the need for helping caregivers navigate the Power of Attorney process.
Action: Huggins will report back on any ACP initiatives the hospital is coordinating. Follow-up needed on resources/support related to POA process.
- Eldercare Workforce Issues
The County continues to face workforce issues. Discussed "Operation Able" (https://operationable.net/), County. Dan reported that bills will be submitted this legislative session to address these issues.

Action: Stay tuned.

- Other
  - Grandparent Support Groups:

Caleb spoke with Wolfeboro Area Children's Center regarding the Grandparents Raising Grandchildren Support Group. Facilitator reports that the group has recently grown from 12 to 14 families. Facilitator expressed interest in addressing the workgroup at a future meeting.
Action: Caleb will coordinate with the facilitator, Heather, to have he attend a future meeting.
  - Expanding to southern Carroll County: Wolfeboro, etc.

Discussed reaching out to partners in other parts of the county, such as the Wolfeboro Senior Center and Ossipee Concerned Citizens (OCC).
Action: Caleb will reach out to OCC and Cheryl will reach out to Wolfeboro Senior Center.

State and Regional program/initiative updates:

- NH SPOA Listening Session: Thursday, December 20th, 12:30-2:30pm, Gibson Center

Action: Members who attend will report on the session next workgroup meeting.

- State Committee on Aging:

Action: Caleb will follow-up on the Carroll County representative and report next meeting.

- Other:

Service Link reported that open enrollment for Medicare part D closed on December 7th. Service Link held 68 appointments during open enrollment and reported a net cost savings of $37,293.71. There is a need for open enrollment volunteers in the county. Service Link will be attending the 2019 Silver Linings Health Living Expo in the spring, more info to follow.
Action: Follow-up needed with Medication Bridge program at Memorial regarding open enrollment support.

SFY 2019 Meeting Schedule: 3rd Wednesdays of each quarter from 9-11am at TCCAP in Tamworth: Dec. 19th, Mar. 20th, June 19th, Sep. 18th
Upcoming Events: visit our website under "Save the Date" for all upcoming events:
http://www.c3ph.org/aging-with-connection-and-purpose